



News from
New St. James Presbyterian Church

***A Mission Church
 Following Christ, Worshipping God, Serving Others
 September 2, 2020***

From the Publisher

Church signs seen recently: Building closed – Church at work. Worship suspended – ministry continues. No worship here, but God makes house calls. As we continue to struggle to come to terms with whatever the new normal will be when the pandemic is finally under control, it is good to be reminded that there are still many things going on, many opportunities to help, much to celebrate right now, and much to look forward to. Once again, this newsletter is a reminder of all that is going on in New St. James, and notice of good things about to happen.

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Important announcement from the Search Committee!

The Work of the Search Committee has continued throughout the challenging COVID-19 Pandemic period. We are happy to report that on September 1, 2020, the Session of New St. James received a report from the Committee recommending a candidate to be invited to Preach for the Call.

The Session has approved the Committee recommendation and **a candidate has been invited to Preach for the Call at New St. James on Sunday, September 27, 2020.** Because the Sanctuary has not yet been opened for public worship, the service will be preached only to the Session in the Sanctuary, but the service will be both

livestreamed and recorded for others to view online. A virtual Congregational Meeting will be held on the Sunday afternoon subsequent to the service to consider extending a Call to the Minister (only professing Members may vote on the Call). Opportunities will also be provided to meet by video conference with the candidate in the week preceding Preaching for the Call. If the Call is supported by the Congregation, arrangements will be made for your District Elder to make telephone contact with you to determine if you wish to support the Call. Please check on the Church website for updates on this process.

IMPORTANT DATES IN THE CALL PROCESS

DATE	ACTIVITY
Week of September 21 to 25	Video Conferences for the Candidate Minister to meet with the Session, Church Staff and Members of the Congregation
September 27	Candidate Minister Preaches for the Call on Sunday morning with only the Session in-person attendance and service livestreamed
September 27	Congregational Meeting in the afternoon by video conference for the Congregation to consider extending the Call to the Minister
Week of September 28 to October 3	Elders to contact Members and Adherents to collect names of those who wish to "support and sign" the Call
October 8	Clerk of Session and Interim Moderator to compile supporting Call Documents for submission to the Presbytery of London
October 13	Proposed date for Presbytery to consider Sustaining the Call

Bruce Curtis, Convenor of the Search Committee.

Mark – My Words

Anna Carter - THE LONG VIEW OF DISCIPLESHIP

It helps, now and then, to step back and take a long view.

The kingdom is not only beyond our efforts, it is even beyond our vision.

We accomplish in our lifetime only a tiny fraction of the magnificent enterprise that is God's work.

Nothing we do is complete, which is a way of saying that the Kingdom always lies beyond us.

No statement says all that could be said.

No prayer fully expresses our faith.

No confession brings perfection.

No pastoral visit brings wholeness.

No program accomplishes the Church's mission.

No set of goals and objectives includes everything.

This is what we are about.

We plant the seeds that one day will grow.

We water seeds already planted, knowing

Rev Mark McLennan

From the Clerk of Session

Greetings from the Clerk of Session as we draw toward the end of Summer and look toward the Autumn. As we continue to be in a period of physical distancing and masking orders, we are making efforts to reduce the community spread of the COVID-19 virus. During this time, we hope that you are staying safe and healthy and also connected to others in the Congregation.

As you know, the Province has allowed Churches to open their buildings for public worship with a number of limitations and restrictions on worship

that they hold future promise.

We lay foundations that will need further development.

We provide yeast that produces far beyond our capabilities.

We cannot do everything, and there is a sense of liberation in realizing that.

This enables us to do something, and to do it very well.

It may be incomplete, but it is a beginning, a step along the way, an opportunity for the Lord's grace to enter and do the rest.

We may never see the end results, but that is the difference between the master builder and the worker.

We are workers, not master builders; ministers, not messiahs.

We are prophets of a future not our own.

activities. While some churches have opened their buildings, many other churches (including New St. James) have taken a cautionary approach and are waiting until after Labour Day to reassess the situation and review the experience of others before making any decisions. In this regard, the New St. James COVID-19 Response Team will be considering the matter of public worship after Labour Day.

In the interim, our weekly worship services, prayers, sermons and reflections from Rev. Mark McLennan are

posted on the New St. James website www.newstjames.ca, and Rev. McLennan and Torin Chiles (with the assistance of Nawton and Tennyson Chiles) have been livestreaming worship services from the Sanctuary on Sunday mornings.

The Congregational leaders (Moderator, Rev. Dr. Andrew Fullerton, Clerk of Session, Chair of the Board of Managers, Human Resources Convenor, Treasurer and other Committee Convenors as necessary plus regular contact with staff) continue to meet to manage the financial affairs of the Church and address other

Bruce Curtis, Clerk of Session.

From the Music Director

I last wrote an article for this newsletter just after this past Easter. I began by saying it was an Easter like no Easter any of us has ever had before. I remember playing the organ and singing a little at 10:30 am, Sunday March 15 when the first Sunday service was cancelled. I came merely because the thought of a quiet sanctuary on a Sunday morning was inconceivable to me and I came to reach out and offer something of comfort. That was the first Sunday Facebook Live 'service', with just me and my iPad propped in the corner of the organ console.

The next Sunday brought a full lockdown for us all and what was inconceivable to me the week before was the new reality. As that next Sunday approached Lesley and a Nawton and I thought that we might be able to offer a Devotional Service of sorts that would reach out to our NSJ family and perhaps even reach out to a wider community. We started streaming our little Devotional Services from our living room using prayers and readings sent by Rev. Mark McLennan

matters as they arise.

On-site Church program activities continue to be suspended and the building remains closed to non-staff and non-essential Church workers as well as outside users of our facilities, to protect our staff. Appointments will need to be made in advance to meet with Rev. McLennan and Church staff, and we will be following protective public health measures and increased sanitizing of the premises for any visitors. Our new website continues to be working well and is helpful with our communications during the COVID-19 period.

and hymns selected from the two hymn books I had at home – the rest of my music was inaccessible at the church and at the university. We never imagined that we would continue these services each week faithfully through the spring and even into the summer, but it seemed to take on a spirit of its own. We started small with only a few people joining our Facebook Live stream (I think we had under 30 for the first one) and then a few more watching the post afterwards, but the word spread, and more and more people started joining us each Sunday. People started 'sharing' it and 'liking' it until we started getting a couple hundred people joining us for this Service each Sunday.

These services have evolved now to be a Facebook Live Stream from our beautiful Sanctuary with Mark preaching in the pulpit, Nawton reading the Scriptures, and me playing our magnificent Casavant organ and singing the hymns. We're keeping the bubble small and the logistics simple for now, so my son Tennyson is our 'cameraman' sitting in

the soprano section of the choir pews and merely swiveling and angling my iPad on a music stand to move between the three of us in the sanctuary. With the return to the sanctuary and to Mark's live sermon each week, we are astounded at the number of people from within our congregation and from around the world that are now joining us both in real time as we offer the service live and watching after once the service is posted on Facebook – the last time I checked the first of these services from the sanctuary had been accessed by over 700 souls!

As the service begins each Sunday, streaming live on my Facebook page, Nawton links it to the homepage of the newly revamped NSJ Website. If you have not yet participated either in real time or after the service is posted, I invite you to do so from the Facebook window on the church's homepage – www.newstjames.ca. I think what makes these services authentic is that they are 'live' and that keeps them 'in the moment' and 'real' in a way that epitomizes worship as both a personal and a collective act. We have tried to keep the logistics simple, partly of necessity, but also because the simplicity and slightly spontaneous feeling

Torin Chiles

Mission and Social Action

Despite the lack of face-to-face meetings since mid-March, the Committee has kept in touch with e-mails and phone calls. Thus, donations to various agencies have been on-going.

Following an article in the *London Free Press* where "The Unity Project Fighting against homelessness in London" made a plea for donations, \$500 was sent to that agency. The Committee has supported the

contributes to the perception of being there, in the moment as a participant, a contributor – NOT as a mere spectator of more screen content in the very video age of COVID-19.

I am sure that what we are doing now will continue to evolve and we appreciate your suggestions and feedback week by week. We are evolving in terms of equipment used and in terms of delivery. As the public health situation unfolds this Fall, we hope to be able to evolve our Services to suit the needs of our congregation and to respond to the public health directives that keep us all safe; this is a dynamic balance.

Church life has been such a strange experience this year. Through it all though, I remain hopeful! I could not have imagined back in February what worship would be like for us as a church family by mid March. I could not have imagined back in April what we have evolved to for worship now in August. I know that there will be vicissitudes to endure through this coming Fall and yet, I'm learning to take that long perspective of our mission and message that kindles my hope and keeps me resilient and keeps me reaching out!

Unity Project for years not only with money but with clothes and food gathered during our "Back to Basics" and "White Gift Sunday" projects.

An e-mail from the Canadian Foodgrains Bank describing how that agency was helping around the world during COVID-19 prompted a motion to donate \$500. This was agreed to by Committee members.

We were not able to sponsor any children to attend Camp Kintail this summer because all overnight camping was halted. Hopefully, things will be back to 'normal' in the summer of 2021 and we'll be able to run that sponsorship again. In the meantime, the Committee has sent \$2,000 to the camp to help off-set the daily costs of maintaining the grounds and cabins. Another \$1,000 will be sent in the Fall.

Mission Services of London also received \$500 to assist in the efforts to help the homeless.

PWS&D sent an e-mail requesting funds to assist with the "Lebanon crisis". The Committee voted to send \$500. The Canadian Government will match our funds 1-1.

With back-to-school plans underway, the Committee assisted with STAPLES' "Start to Smart" project of providing filled

Lyn Hill, Convenor

Northern Hospitality

One thing that has not changed during this COVID-19 pandemic is the need to feed and care for our less fortunate.

Our Northern Hospitality team will host five meals starting September 21 until December 21 of this year. We will prepare the brown bag meals in our New St. James kitchen but they will still be served in a take out style from St. Michael's Roman Catholic Church. We expect there will be a higher number of attendees than this past spring because the Salvation Army is serving just two hot meals a week rather than their previous seven days a week.

Cathy Taylor, convenor

backpacks for kids in need. \$500 was donated.

A phone call to "My Sister's Place" indicate a need for DEPENDS for both men and women in small sizes as well as shampoo, toothbrushes, toothpaste, and razor blades. (MSP was also serving men because the "William Street Coffee House" was temporarily closed due to COVID-19.) On delivery day, I first stopped at NSJ where Mark helped me load up the socks and underwear collected prior to COVID-19. When all these items were delivered you'd think they had received a million bucks yet the total cost was less than \$120! They were so appreciative of these "basic" needs that it reinforced the day's reading from *Our Daily Bread* – Luke 6: 32-38 – "Give, and it will be given to you". The prayer for the day was "Gracious Father, help me to give generously to others because You've been so generous to me. Amen."

They have been serving up to 600 meals a day since the pandemic started which is truly remarkable.

It is unfortunate we cannot host our dinners inside because of the need to social distance but we will continue to provide healthy meals throughout this challenging time.

Thank you for your financial support for this very important outreach mission. Every dollar donated goes to feed our less fortunate and trust me they are truly grateful.

WMS September Meeting

Our group has met twice by Zoom in May and June. The meetings were enjoyed by everyone who participated. They enabled us to see one another and to enjoy fellowship together.

Our next meeting will be on Friday,

September 11 at 1 pm by Zoom. We will be starting a study on Amazing Women of Mission by Colleen Wood. If you would like to join us please email me at reidc@rogers.com and I will send a link to the meeting.

Cathy Reid, President

Update from Hope's Hugs

It has been a while, so I wanted to share what I have been up to. First of all I wanted to thank you for all the kind words you sent me for my recognition for my volunteering from the City of London. It was truly an honour to receive.

The pandemic has kept me busy with hugs requested. Many requests came in for people who were isolated and needed a hug since they were missing their regular hugs. I provided over 280 Hugs for VON's in Ontario and Nova Scotia. These hugs went to Assisted Living/Adult Day clients, Hospice clients, Children's Bereavement clients, families and clients at Sakura House Hospice in Woodstock and many more. I also was honoured to

be asked to send 14 Hugs to the children and grandchild of two VON employees who were shot on duty during the mass shooting in Nova Scotia. One even for the unborn child (one of the hardest I have made). Plus I have done many front porch deliveries to many including some of you who I hope are reading this today.

I have a goal of making it to 1000 hugs by December 31st. I am a little over 100 away. Please send me names of anyone you think could use a hug at hopeshugsinc@gmail.com or 519-453-5006. Thank you as always for being my biggest cheerleaders. I could not have done any of this without you and the New St James Trustees' support!

Sydney "Hope's Hugs" Vickers

Women's Council

Plans for a modified Christmas Marketplace have not been finalized but we know it will not be a sale as we have known it. We will not be gathering together to enjoy the fun and fellowship of the past sales. We plan to offer preserves, deli items and baking for sale. We have been told that there have been jams made this summer, pickles and relish made, red pepper jelly and cabbage rolls. If you wish to make items

to donate, more red pepper jelly would be great, more jams, pickles and relish, salsa, chilli sauce, deli items that would be sold frozen. There are 1/2 pint, pint and quart jars available at the church. Apples will be in season shortly and frozen apple pies and apple crisp would sell very well. It is too early for baking but we will be asking for cookies, loaves, pies, cakes, etc. to be available for the sale. If you have any questions or

suggestions for the sale, please contact

Deb, or Karen.

Deb Noble-Van Hees denvh1@hotmail.com or 519-471-6857

Karen Buchwald karenbuchwald@hotmail.com or 519-641-6742

Covenant House Toronto

This year has certainly been different than most. Instead of going about our daily fast paced lives, our world came to a complete halt back in March. Little did we know that our lives were going to change forever. Our faith was now being tested in new ways and we found ourselves praying a little more than usual. The concern of our families' well-being was a priority and staying sane was the ultimate mission. Little did we realize, there was always someone experiencing circumstances worse than our own.

As you may recall, this was my first year with The Covenant House Toronto. Back in March, I spoke to the church community about the organization. Topics included homeless youth, human trafficking, mental health etc. The church community came together to enlighten one another about this organization. I was blessed to learn from members of the congregation activities provided by Covenant House that I did not know about. Being the first year, one is bound to learn and learn some more. My heart was warmed to see all of the passion and help for not only this organization, but on this topic alone.

For those who were not able to come to the presentation, here are a few statistics for you regarding our homeless youth and trafficking here in Canada:

i. According to The Covenant House Toronto, 300 youth walk through the doors daily needing assistance.

ii. Most youth who end up on the streets have either been kicked out of the house, suffer from mental health issues or do not feel safe at home.

iii. 94% of trafficking cases identified in Canada have occurred within its own borders.

iv. Human trafficking is the #1 leading crime surpassing even the drug trafficking market.

Due to the circumstances of COVID-19, the "Sleep Out" event was held online in June. We slept at home either in our backyard or on our balcony. The experience was very new to me. While sleeping outside I was in a constant "flight or fight" mode. Imagine experiencing that every day while on the streets, feeling unsafe and not having a place to call home. Simply unimaginable!

On a positive note, The Covenant House Toronto raised over \$560,000 for our homeless youth. It was such a successful event, even with the unique changes this year.

I personally wanted to thank everyone for their help and support. I feel very blessed that I was introduced to this organization and that I was able to enlighten the New St. James community. Homeless youth and trafficking are hard topics for anyone to hear, but it is real and happening right now! We need to be strong, educate one another and continue to shine God's light on those who need our help.

Thank you once again and continue to stay safe. God Bless,
Maddison Fysh

***Note: If there is anyone who donated and wishes a tax receipt, please contact me. If you have spoken to me already, your receipt is in the mail.

Highland Group

The Highland ladies will get together for a box lunch on Tuesday, September 8 at 11:30 a.m. in a beautiful backyard setting. Please bring a lawn chair, your own lunch and refreshment. We hope to have coffee and tea so bring a mug if you would like some. We will be able to safely distance and it will be wonderful to

visit! If you have not already done so, please call 519-641-6742, or email karenbuchwald@hotmail.com to tell me if you plan to attend and get the directions to our venue. We will have to be flexible and if it rains, I will be contacting everyone with a change of day. New members are always welcome!

Karen Buchwald

Financial Update as of July 31, 2020

Half ways through the summer and New St. James continues to persevere financially. Although our givings are well short of the previous year, our expenses are less, as well. We have also benefited from the Canadian Emergency Wage Subsidy (CEWS) program. Below is a summary of some of the more significant financial indicators as compared to the end of July 2019:

Congregational Support - 30.8% lower than last year

Jeff Goud jrgoud@hotmail.com

Total Income/Receipts - 33.1% lower than last year (excluding CEWS)

Expenses - 23.2% lower than last year (excluding CEWS)

Canadian Emergency Wages Subsidy assistance - \$26,975

Shortfall - \$5,441

As always, please feel free to email me if you have any questions regarding the finances at New St. James.

Malawi Update – August 2020

This update should have been written after our time in Malawi in June. Of course we were unable to go and Malawi is faced with increasing numbers of COVID-19 cases. The numbers seem low but they are not testing many people so the true number of cases is unknown.

Timvane Children's Centre is still closed and there is no date as yet for reopening. Mount Moriah School is also closed. The Church is still open but not many people are allowed to enter the building. We are keeping in touch with the following people –
Madalitso – Chairman of Timvane

Children's Centre
Spencer – Treasurer of Mount Moriah
Church/School
Rev Dr Silas Ncozana – Minister of
Chuluchosema Church and our dear
friend

The latest report received from Timvane.
follows

MINI BUDGET PROPOSAL FOR JULY SEPTEMBER, 2020_

Introduction

It pleased Timvane Community
Organisation to report about the
organization's operation and again
extends further Proposal. This
Organisation has three cornerstones and
these are:

- i. Orphans and Vulnerable children
- ii. Needy children
- iii. Home based care and youths.

This report also includes successes,
opportunities, challenges, strategic plan,
financial expenditure and conclusion.

Successes

This describes what activities were
managed accordingly basing on the funds
you sent for our daily operations as
follows:

- i. There has been an overwhelming
increase in enrolment of children of all
categories.
- ii. Introduction of youths' friendly and
health services where youths are
accessing medical and other healthy
related aids from a nearby health
Centre in Bangwe, Blantyre.
- iii. Introduction of a village clinic on a
centre where the community brings
children once per month for growth
statistics, motion screaming nutrition
problem, vaccination and access
primary health care.

- iv. Introduction of junior primary school
besides our existing pre-school; Std
1- 4.
- v. Recruit hardworking and experienced
nannies and teachers.
- vi. Procured two buckets for the learners
to wash hands when entering the
school campus; one at the gate and
the other within the campus to avoid
COVID-19.

Opportunities

Timvane Organisation has a number of
opportunities that can easily be achieved
if and only if it is fully supported and
here are just some.

- i. It has a capacity to increase its
enrolment if it may have enough
resources both financial and
materials.
- ii. It has also an opportunity to
reach out to many vulnerable
children especially those with
albinism for their education,
security, health and other
materials.
- iii. This Organisation can as well
develop a centre for the needy
youths to access some skills like
Computer skills.

Challenges

Apart from the said successes, it is also
encountering different challenges which
are as well affecting its daily operations
to accomplish its objective and here are
some of them.

- i. Inadequate space and resources for
its smooth operation.
- ii. Lack of recreational materials like
football and netball for in and out
games.
- iii. Closure of schools due to COVID-19
pandemic that has greatly affected
our operations for three months.

Appreciation

Both learners and their teachers as well as the committee members are not affected with this pandemic.

Strategic Plan

i. For the sustainability of this Organisation, our plan is to get a land for

any investment for the Organisation as an additional source of finances as well.

ii. Keep on liaising with interested stakeholders to share knowledge and appropriate skills that will be transforming the said children in our community.

MINI BUDGET FOR JULY - SEPTEMBER 2020

ITEM	QUANTITY	UNIT PRICE (MWK)	TOTAL (MWK)
Likuni/Soya flour	3 bags	K33,715 .00	K101,145.00
Sugar	1 bail	K15,000.00	K15,000 .00
Charcoal	1 bag	K17,000 .00	K17,000 .00
Transport		K8,500.00	K8,500.00
TOTAL			K133,145 .00

Conclusion

Finally, we want to extend our sincere gratitude for the timely support you always render to Timvane Organisation. May the good Lord keep on blessing you madam and the entire church.

Chairman Madalitso Misomali

Secretary Leman Visabwe

An urgent request for help

Note from the publisher: the letter below comes from Emma Klotz, daughter of Andy and Lyn Thompson.

Hello,

First, allow me to introduce myself: my name is Emma Klotz. I'm a single Mum of two boys. I live in London, Ontario. Both of my kidneys have failed; therefore I undergo hemodialysis treatments at University Hospital, and I have been for four years. Dialysis is a treatment, not a cure, and I require this regimen to stay alive. I have to go into the hospital three times per week for four hours per session. Fifteen-gauge needles are inserted into my arm and my blood is drawn out, cleaned in a machine, and put back into my body. Please note that a healthy person's kidneys work 24 hours a day and 7 days a week performing this mandatory task. I only receive 4 hours of treatment 3 times per week to perform the same function. It is a hard process to endure both physically and psychologically. The only hope I have of living a full, uninterrupted, and healthy life is to receive a kidney transplant. Sadly, in my case, there is an issue: I am what the transplant team calls a "highly-sensitized" potential recipient. Without going into too much medical jargon, this simply means the following:

Highly sensitized patients are people who critically need an organ transplant, but because their immune system is sensitized, very few available donors can provide a

match.

Immune system sensitization may occur from blood transfusions, previous transplants or pregnancies, which is why many highly-sensitized patients are women.

Highly sensitized patients wait much longer on average for a kidney transplant and have a greater chance of becoming more ill or dying while they wait.

I am writing this letter to appeal to anyone out there who may be willing to consider donating a kidney to me. I am just asking for consideration and nothing more at this point because the process is long. As an aside, I must let you know that a healthy person can live a normal life with one kidney. I fully understand your apprehension to even consider this choice. But, please think about it.

If you think this is something you want to learn more about, please contact me via Facebook or my email at emmakidneyhope@gmail.com. Alternatively, for ethical and moral reasons, donors can maintain confidentiality, gain information or begin the actual screening process themselves by calling the "Living Kidney Donation Program" at 519-685-8500 ext. 33552.

Finally, I beg you to please share this letter on all of your social media platforms. It only takes two or three clicks, and you could aid in the process of saving my life.

Thank you
Emma Klotz

Living Kidney Donation Program at London Health Sciences Centre.
519-685-8500 ext. 33552

Your Website Corner - www.newstjames.ca

Website Performance

The website is alive and well! And NSJ looks forward to continuing to use the site to keep in touch with one another and to reach out to others in our community. Little did we know when we started to update and redesign the site in July 2019, how critical technology would be in helping us keep connected during 2020!

Our numbers are continuing to increase. In the June edition, we reported that in the past 30 days, there had been 594 visitors to the site. Fast forward, to the past 30 days and as of August 22, 2020, the website has attracted 733 visitors.

Most recently, during the last 20 days, the top 5 pages were: Home, Sermons, Our Team, Prayer Board and Donate. This is the first time that the "Donate" page has made it into the top 5.

We hope that we will continue to see an increase in website visitors in the coming months and that the site will be a "go to" destination for many. Your assistance in promoting the website with others is much appreciated as well as sharing the information on the site with those who do not have access to the internet or who may not feel comfortable going online.

New Developments

We have made some midcourse adjustments to make it easier and faster to find information on the site. The former "landing" page, previously known as "Worship" has been retitled "Home" and "Sermons" has been moved up in the menu to make it easier to find this frequently visited page.

If you have questions or feedback for the Ad Hoc Website Committee, please contact us at web@newstjames.ca

With the redesign of the website to include the NSJ Facebook page right on the website, it is now very convenient to worship with Rev McLennan, Torin, Nawton and Tennyson Chiles from the Sanctuary each Sunday at 1030 AM. And if this doesn't fit with your schedule, you can watch it later, as well as catch up on past broadcasts that you may have missed.

The NSJ Facebook Team (Lesley Banks, Nawton Chiles, Blu Say and Monica Sass) has been very busy keeping the NSJ Facebook presence fresh and engaging with frequent new posts including showcasing the midweek meditations. The Facebook Team has also made it very easy to use a link on the Facebook page to quickly access the "Donate" feature on the website. You will see this link on most Sundays in the post announcing the "Facebook Live" broadcast from the Sanctuary.

This Month's Featured Website Page - "Donate"

Another new feature of the redesigned website is the "Donate" page. Just as there are many different ways to contribute to the ministries of New St. James, there are many ways that you can contribute financially. Even though we are not worshipping together in the

Sanctuary and weekly activities have been suspended, NSJ continues to provide key ministries and incur expenses. These are difficult times for many, yet collectively we can make a difference to the financial well-being and future of NSJ.

By clicking on the "Donate" page <https://www.newstjames.ca/donate-2> you will find that there are many options. Have a tour around the page and explore the different options. You can use your credit card through Canada Helps; retrieve the Preauthorization Remittance (PAR) Forms so that you can sign up to have automatic withdrawals from your account; use e-transfers; and you can always mail a cheque to the Church Office or drop it off. If you are dropping off a donation, please contact Judi Le Blanc, Office Administrator at admin@newstjames.ca or 519-434-1127 to make arrangements. You will also find some information on the site about Legacy Givings.

A New Committee - Media Advisory Committee (MAC)

Just a reminder that plans are underway to launch a new committee - the MAC. This committee will serve a key role in coordinating NSJ's print and digital forms of communication. Much of the committee's work will be done online.

We are looking for 1-2 volunteers from the congregation to join the Website Administrator, Newsletter Publisher, and Facebook and Session representatives. If you are interested in serving on this committee or would like further information, please contact Andrew Reid at areid@newstjames.ca

A Final Note

If you would like to hear more about the Ad Hoc Website Committee's experiences

in updating and redesigning the website , please check out "Reinventing Our Online Presence" in the fall edition of the Presbyterian Connection, published by the Presbyterian Church in Canada. This edition will be available in September at

<https://presbyterian.ca/presbyterian-connection>

Watch for future updates in upcoming editions of the Newsletter.

Until next time, your Website Committee: Steve Langham, John Malone, Andrew Reid and Charlene Beynon

Think ahead - be prepared!

Any number of things - car accident, fall, heart attack, stroke, whatever - can cause you to be hospitalized. During this pandemic, a lot of us have "cleaned and cleared" closets and storage. All of us have spares and more, so put some to good use.

Here is a list of some essentials you will be happy to have during that unexpected hospital experience. Pack them into a small tote or back pack with your name tag on same and have it handy in the front hall closet. Whoever takes you to the hospital, family, paramedic team or ambulance, can pick up that bag and it can go with you if you go from home. If not, the family or a friend will be happy to pick it up for you and bring it to the hospital.

OHIP number, also any other medical insurance number (Blue Cross etc);
next of kin and their telephone numbers;
list of medication, dosage and which doctor prescribed them;
housecoat and slippers;
toothbrush and tooth paste - if you have dentures, soaking container and cleaning tablets;
comb and brush and for the ladies - spray and mousse;
curling iron - you will be told not to use it but take it anyhow, you never know your luck;
make-up, cleanser and moisturizer;

nail file;
body lotion shampoo;
hearing aid batteries if you wear a hearing aid;
eye glass cleaner and lint free wiping cloth;
a couple of pair of cotton socks - feet get cold in hospitals;
soap and a scrubber - you may be able to have a shower;
shower cap;
deodorant;
book to read or crossword to use or some such amusement;
pen and paper and pencil - you will be glad you did;
hard candy and some mints;
shaving gear for the men, the whole kit and kaboodle;
a small box of Kleenex or other tissues.

AND

Cooking for one is not much fun, but maybe these tried and true ideas will help a bit.

Meatloaf? Go ahead and mix up your favourite meat loaf recipe - BUT- cook it in a muffin pan, eat what you want and freeze the rest in a freezer bag, ready for another time.

Quick breads are delicious but a whole loaf for one? Save four soup cans, wash & dry and line the bottom and the sides with parchment paper. Mix up your quick

bread recipe and divide and put the batter into the prepared tins. Bake at recipe suggested temperature but start testing a few minutes earlier. Be sure to "test" to the middle of the tin. The loaves should slide right out of the cans. Some to enjoy, some to share, some to freeze.

Tea biscuits? Again use those four tins and prepare but also cut out extra circles the size of the bottom of the cans. Pat or roll out your biscuit dough. Cut in circles, I use one of the cans to cut the biscuits, and place the unbaked biscuit in a

prepared tin, layer them into the tins, parchment paper, biscuit, parchment paper, biscuit etc. Cover tin with foil and freeze. When you want to bake a few tea biscuits, put frozen biscuits on a parchment lined baking sheet, and bake in preheated oven...add a few minutes to baking time.

Spaghetti? Make your favourite sauce and freeze it in an ice cube tray, then pop out a couple of cubes of sauce to thaw in your microwave oven while the spaghetti cooks. Easy!!

Mary-Fay Green

From the Christian Education Committee

Dear Parents

The Christian Education Committee has met to discuss how we can work with the Church School and Teen Group this fall. We don't envisage having normal classes in the hall and teen room. We feel at this time it would be better to have lessons and activities delivered to homes for the Church School. Hopefully we can set up Zoom meetings for the Teens with leaders to discuss various topics.

Members of the Committee have contacted all the parents to find out what you think would be the best method for your children and/or teens. Once we go over the results we will be able to move forward with our planning.

Resources for the home:

If you have not already discovered it, every Sunday Camp Kintail offers a story read by Rev. Theresa "Trillium" McDonald-Lee for children of all ages. You can find it at <https://www.campkintail.ca/storytime-with-trillium/>

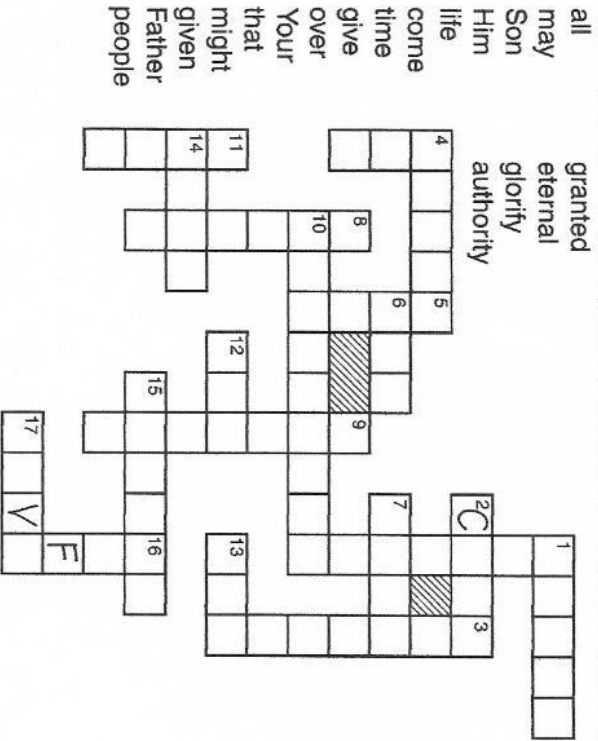
We are also including with this newsletter a Children's Worship Bulletin which we hope you will share with your children.

Blessings

Christian Education Committee

Jesus prayed to God.

To find His prayer, fit the words from the list into the crossword puzzle. Then transfer them to the numbered lines.



(8) _____, the (7) _____ has (2) _____.

(1D) _____ (11) _____ (12) _____,

(5) _____ Your Son (4D) _____ glorify You.

For You (9) _____ (6) _____

(10) _____ (14) _____ (13) _____

(15) _____ that He (4A) _____

(17) _____ (3) _____ (16) _____ to all

those You have (1A) _____ Him.”

Jesus prayed for His

1 2 3 4 5 6 7 8 9

Find the letters to fill in the blanks.
Write the letter that's missing from the second word of the pair.

- 1) DESERT - TREES _____
- 2) FRUIT - TURF _____
- 3) SMILE - LIME _____
- 4) CAMEL - LAME _____
- 5) RADIO - ROAD _____
- 6) SPIDER - RIDES _____
- 7) LEARN - NEAR _____
- 8) ELBOW - BOWL _____
- 9) PEAS - APE _____



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