

Mid-week Meditation
November 4, 2020
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I am not old enough to remember the great films of Charlie Chaplin – considered some of the best in American cinema.

I have seen some of them, clips of others, and they were outstanding.

He was an actor, director, and studio executive, but he was not without controversy, being accused of communism and refused re-entry into the USA at one point. Before I was born, he was already living in Europe, and stayed there until the end of his days.

Despite his power and wealth and influence, he was a caring and thoughtful man, from what I have read.

This was posted on Facebook this week:

Charlie Chaplin lived 88 years.

He left us 4 statements:

- (1) Nothing is forever in this world, not even our problems.
- (2) I love walking in the rain because no one can see my tears.
- (3) The most lost day in life is the day we don't laugh.
- (4) Six best doctors in the world...:

1. The sun,
2. Rest,
3. Exercise,
4. Diet,
5. Self-respect
6. Friends.

Stick to them at all stages of your life and enjoy a healthy life...

If you see the moon, you will see the beauty of God...

If you see the sun, you will see the power of God...

If you see a mirror, you will see God's best creation. So, believe it.

Another bit of wisdom to enlighten and strengthen us in these days.

I invite you to reflect on these thoughts as you journey through the coming days.